

*Somaiya Vidyavihar's*  
*60<sup>th</sup> Foundation Day*



# अकल कौतुक

**Date: 10 September 2018**

**Time: 9:00 am onwards**

**Venue: Multi Sports Surface, Athletics Track**

**5-a-side Football  
Tug of War  
Jump Rope Competition  
Archery  
Pickleball**

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# क्रीडा – कौतुक 2018

Calling all sports enthusiasts to come forward and show their strength, skill and speed.

## **A few Rules to remember and follow**

- The sports events are divided into three categories:
  1. Team Competition: Tug of War (Men and Women) and Football 5-a-side (Men and Women)
  2. Individual Competition: Jump Rope
  3. Sports Try-outs and Demonstration: Archery and Pickleball
- The team events will be of knock-out format.
- Only Somaiya Vidyavihar and Ayurvihar students, faculty and staff members can register for the sports events. The registrations for all five events are free of cost.
- On the spot entries will be accepted for the competitive events if the slots are available.
- Participants should report at least 15 minutes before the event starts.
- The decision of the referees and event officials will be final and binding.
- The winners will be announced at a prize distribution ceremony at 2:30 PM. All participants are required to be present at this ceremony.

## **Event 1**

### **5-a-side Football**

**Prize:** Attractive Winners and Runners up trophies and Medals

**Tournament Format:** Knockout

**Tournament Size:** 8 Men's teams and 8 Women's teams

**Duration of play:**

- 6 minute half with 2 minutes half-time break.
- The duration of play will be increased in the finals.

**Team Size:**

- A team size of 7 players. No more than 5 players per team on the field of play and 2 rolling substitutes.
- A game can officially be played with 4 players on the field of play for one team.

**Forfeits:**

- Teams have until five minutes past the designated start time to field a legal team.

**Substitutions:**

- Substitutions can be made at any point during the game and are "rolling". The substitute(s) must be off the FOP before the new player(s) comes on and must enter the pitch at the same place the player left the pitch. Play will not stop for substitutions. This includes after a goal, during a free kick etc.
- Play will continue regardless of substitutions. If a team wastes time during a switch then play will be handed over for a free kick / goal kick to the other team.
- Play will continue if a goalkeeper is switching into goal, even if this involves putting goalkeeper gloves on.
- There is no limit to the amount of substitutions a team can make.
- There is no limit to the amount of substitutes a team can have on the sideline.

**Goalkeeper and Goal areas:**

- Only the designated goalkeeper is allowed inside the designated goal area. Two players can only be in the area during a switchover.
- If there are two players in the designated goal area during a shot from the opposition then a penalty will be given. Make goalkeeper switches as swift as possible.

**Attire:**

- Sports attire and shoes are compulsory for participating in the tournament. The team should wear similar color jerseys for uniformity.

**Registration Link:** <https://goo.gl/forms/h1gDkLMRF9RxyGUH2>

## **Event 2**

### **Tug-of-War**

**Prize:** Attractive Winners and Runners up trophies and Medals

**Tournament Format:** Knockout

**Tournament Size:** 8 Men's teams and 8 Women's teams

**Number of Rounds:** 3 rounds will be played per round

**Team Size:** A team size of 5 players.

**Weight Category:**

Maximum weight of team for Men's category: 350 KGs

Maximum weight of team for Women's category: 325 KGs

**Attire:**

The participants should come in comfortable clothing to play the sport.

**Registration Link:** <https://goo.gl/forms/YltajFEUNMb1IUGy1>

## **Event 3**

### **Jump Rope**

**Prize:** Attractive Gold, Silver and Bronze Medals for Men and Women category

**Tournament Format:** Individual rope speed, 60 second timed event

**Tournament Size:** As per online registration

**Number of Chances:** Only one chance will be given per participant, a warm-up jump for the maximum of 10 seconds may be allowed by the referees.

**Scoring:** The number of alternating legs/both leg jumps completed by the jump rope athlete within the time period of 60 seconds. There must be one revolution of the skipping rope for each jump.

**Registration Link:** <https://goo.gl/forms/XGggnHPXGaobIK952>

## **Event 4**

### **Archery**

The archery demonstration will be organized by Arjuna Sports.

<http://www.ArjunaSports.in>

<https://www.facebook.com/ArjunaSports/>

Professional archers will be giving demonstration to everyone present. Later, registered students, faculties and staffs can try archery and get valuable input from the coaches present.

**Registration Link:** <https://goo.gl/forms/NIY9zJLUby23TYLR2>

## **Event 5**

### **Pickleball**

The Pickleball demonstration will be organized by All India Pickleball Association. The founder and current General Secretary of All India Pickleball Association, Mr. Sunil Valavalkar himself will be coming to demonstrate the sport.

<http://www.pickleball.in/>

Professional Pickleball players will be giving demonstration to everyone present. Later, registered students, faculties and staffs can try the new sport and get valuable input from the coaches present. Those who have a good grip on sports like Tennis, Table Tennis or Badminton are bound to enjoy playing the sport.

<https://www.youtube.com/watch?v=8Y9TdKgHWI0>

**Registration Link:** <https://goo.gl/forms/3MMVljwDvzO5665N2>

# क्रीड़ा - कौतुक KRIDA - KOUTUK

## Location of Sports Events



 Field of Play