

Pentathlon, Season II

Mens' & Womens'

Schedule:

- Group 1:** Under-19 Men and Women
Group 2: 20-25 Men and Women
Group 3: 26-30 Men and Women
Group 4: 31-35 Men and Women,
Group 5: 36-40 Men and Women,
Group 6: 41-45 Men and Women,
Group 7: 46-50 Men and Women,
Group 8: 51 and above Men and Women

| 21-Jan | FRIDAY | | |
|--------|------------------------|--------------------|--------------------------|
| | EVENT | Reporting Time | GROUP |
| 1 | 100 M | 8:30 AM | GROUP 5,6,7,8 |
| | | 9:00 AM | GROUP 1,2,3,4 |
| 2 | 400 M | 10:30 AM | GROUP 5,6,7,8 |
| | | 11:00 AM | GROUP 1,2,3,4 |
| 3 | SHOTPUT | 12:00 PM | GROUP 5,6,7,8 @ CIRCLE 2 |
| | | 12:00 PM | GROUP 1,2,3,4 @ CIRCLE 1 |
| LUNCH | | 1:00 PM TO 1:30 PM | OFFICIALS |
| 3 | SHOTPUT (continues) | 1:35 PM | GROUP 5,6,7,8 @ CIRCLE 2 |
| | | 1:35 PM | GROUP 1,2,3,4 @ CIRCLE 1 |

| 22-Jan | SATURDAY | | |
|--------|----------------|--------------------|-----------------------|
| | EVENT | Reporting Time | GROUP |
| 4 | LONG JUMP | 8:30 AM | GROUP 1,2,3,4 @ PIT 1 |
| | | 9:00 AM | GROUP 5,6,7,8 @ PIT 2 |
| 5 | 800 M | 10:30 AM | GROUP 5,6,7,8 |
| | | 11:00 AM | GROUP 1,2,3,4 |
| LUNCH | | 1:00 PM TO 1:30 PM | OFFICIALS |
| IMP | MEDAL CEREMONY | 2:00 PM | EVERYONE |

Rules and Regulations:

- Pentathlon is a combined event in athletics consisting of five track and field events. **The winners are determined by the combined performance in all the events.** **Registration Link:** <https://goo.gl/forms/CRQJcqwPk0QPntiE3>
- Pentathlon shall be conducted according to the rules of Athletic Federation of India, with required modifications if necessary.
- All the staff participating in the tournament will have to pay INR 30 as an entry fee while collecting the chest number. Students will not be charged any entry fee for participating in this event.
- Each participant needs to collect their **CHEST NUMBER** after showing their **ID cards** from Somaiya Sports Academy's Office on 18th January 2019 between 8 am to 4:30 pm.
- On the spot entry is allowed if there are available slots for a particular age category. The registration closes when the 1st event starts.
- The participating athlete should be in a Sports Attire i.e. running shoes, T-shirt, shorts/track pant. Unless the participant is in the running footwear, he/she won't be allowed to participate. Metal spikes for running will not be allowed.
- For the track events i.e. **100M, 400M and 800M** time trials will be considered for scoring. For field events i.e. **Shotput and Long jump**, the athlete will get three attempts and the better of three scores will be considered for giving the points.
- If an athlete does not take part in any of the five events, his/her particular event score will be zero.
- Participation Certificates will be awarded to all the participants. The Merit Certificates and medals shall be awarded only up to 3rd position.
- In the Pentathlon, the record of performance up to 5th Place shall be maintained for each age category. In case where no 5th Place is available, up to 4th performance will be maintained. Such performance will be made available at the Sports Academy office for future correspondence.
- New Meet Record(s) wherever created will be clearly indicated as '**NMR**' and wherever the performance is equal to the existing record, may be clearly indicated as '**EMR**', in the next years' Pentathlon meet i.e. 2019-20.
- The tournament committee reserves the right to make the final judgment in case of any ambiguity in rules / disputes over the performance. Committee members:
 - Mr. Dinesh Rajak (Athletics Coach)
 - Mr. Siddheshwar Shinde (Sports Coordinator)
 - 1st Referee
 - 2nd Referee
 - 3rd Referee
- Note:** Each participant registering in the tournament acknowledges that their voluntary participation in the above tournament is a sports activity which involves inherent hazards and risks of serious personal injuries and/or death, and they assume such hazards and risks. They understand that certain elements of their participation can be physically demanding and they understand that there are certain risks of physical injury involved with all such strength, fitness and conditioning activities some of which they may not be presently aware. They understand by mailing the registration details, they assume such risks are both known and unknown risks to them at this time. They assert that they have the necessary physical abilities and conditioning to safely participate in the sports event. They certify that they have no known or knowable medical, physical or mental conditions that would affect their ability to safely participate in the above tournament, or that would result in their participation creating a risk of danger to themselves or to others. As a condition of their participation, they accept full and complete responsibility for their own ability to healthfully participate in the tournament. Participants are responsible for their own safety during their stay in the sports facilities. The Somaiya Sports Academy will accept no responsibility or liability whatsoever.

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